#### Whanau Ora Workshop





#### Overview

- Introduction
- Whānau ora
- Languaging
- Pukenga Ahurea
- Where to from here?

#### **Tokomaru Bay 2003**

- Rangatiratanga
- Māori Centric

#### What does Whānau Ora mean to you?



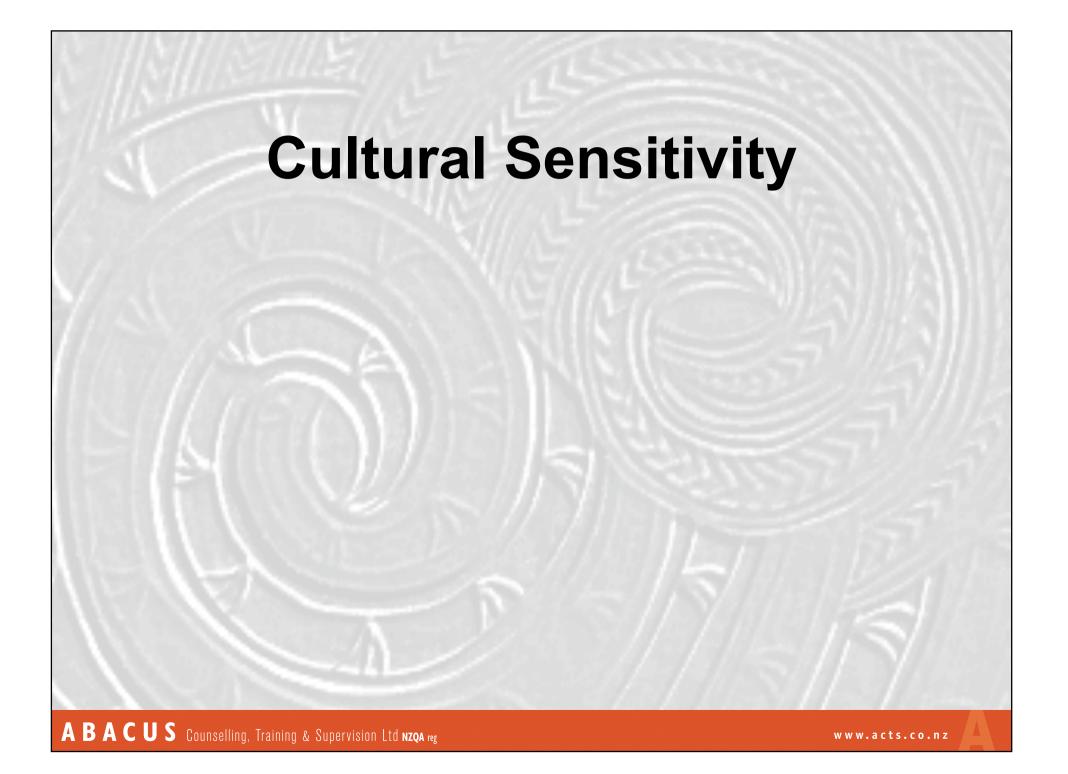
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Responsiveness to Māori is built on the recognition of whānau ora, or healthy families, which builds on the strengths of whānau and encourages whānau development.

Whānau being supported to achieve their maximum health and well-being. Essential to this definition are the structures of hapū, iwi and waka.

## What does Whānau Ora mean to you as a practitioner?





Culturally sensitive approaches acknowledge that difference is important and must be respected. However, culturally sensitive approaches in health care tend to focus on "others" as the bearers of culture.

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Requires reflection on their own cultural background and the nature of power relations.

Providers acknowledge their own culture as different from those of the people they serve, to ensure that they do not impose their beliefs.

It promotes positive recognition of diversity.

# Cultural safety "enables safe service to be defined by those who receive the service."

Cultural safety centres on the experience of the client while cultural competence focuses on the capacity of the practitioner to contribute to well-being by the integration of 'cultural and clinical' elements within their practice.



Indigenous culture provides ways of knowing what is salient and congruent with the local ethos, as well as credible ways of defining problems and solutions. Cultural influences can enhance understanding and facilitate the employment of appropriate psychotherapeutic goals, process, and content.

#### Culturally relevant therapy requires adjustment, expansion, modification of understanding and method of treatment.

#### Competence

#### **Clinical Knowledge**

**Cultural Practice** 

#### Competent

**Clinical Competence** 

**Cultural Competence** 

#### Practitioner

**Clinical Practice** 

**Cultural Knowledge** 

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Cultural competence requires a willingness and ability to draw on Māori values, traditions and customs and work with knowledgeable Māori to communicate and develop responsive interventions.



#### The Takarangi represents inter-dependence of cultural and clinical processes in practice.

Cultural competence focuses on the capacity of the practitioner to contribute to whānau ora by the integration of 'cultural and clinical' elements within their practice.

- Enhances engagement
- Enhances retention
- Enhances likelihood of positive outcome

#### Conclusion

- Whānau Ora a process or outcome?
- Competency CQI
- Supervision
- Workforce gaps

### What does it mean for you, your service and your clients?