ABACUS
Counselling, Training & Supervision Ltd NZQA reg

Certificate of Addiction and Mental Health Supervision

Course 1 2026 - Online Classroom Option

13 February – 30 April 2026

Note: The Online Classroom Option replaces the two-day face to face workshop (Workshop Option) with six online classroom trainings interspersed between the online modules.

ABACUS Counselling, Training & Supervision Ltd has been granted approval by NZQA subpart 2 of part 5 of the Education and Training Act 2020 to provide a Certificate of Addiction and Mental Health Supervision (Level 6).

The course comprises six modules:

1. Review of recent professional supervision theory and practice
2. Supervision for addictions and mental health
3. Supervision and technology
4. Group supervision
5. Reflection on own addiction supervision practice
6. Tools and resources to support the supervision relationship

The Six Module course will be delivered over a 11-week period, with an expected 200 hours to complete. All Modules are presented online, with Module One to be completed prior to the first online classroom. All resources for each module will be available online, along with a student handbook.

Dates:

Module One:	13 February – 24 February
Online Classroom One:	**Thursday 19 February / 9.30am - 12.30pm**
Module Two:	25 February – 07 March
Online Classroom Two:	**Thursday 05 March / 9.30am - 12.30pm**
Module Three:	08 March – 21 March
Online Classroom Three:	**Thursday 19 March / 9.30am - 12.30pm**
Module Four:	22 March – 01 April
Online Classroom Four:	**Thursday 02 April / 9.30am - 12.30pm**
Module Five:	02 April – 19 April
Online Classroom Five:	**Thursday 16 April / 9.30am - 12.30pm**
Module Six:	20 April – 30 April
Online Classroom Six:	**Thursday 30 April / 9.30am - 12.30pm**

Course Tutors: Alison Penfold, Mary Anne Cooke and Mike Goulding

Cost: $1,500 + GST ($1,725 total). Costs cover all online resources, workshop materials, graduation certificate and record of learning.

NOTE: In compliance with NZQA's Student Fee Protection Scheme, invoices are sent after training is delivered at the end of each month covering the duration of the course, typically three or four invoices (depending on the date of commencement).

Course Requirements:

- Trainees will have had three years' experience working in addictions and mental health in the 10 years prior to this training
- Trainees should have at least one experience of providing supervision (including student placements) prior to the course, and will need to be able to supervise at least one person as part of the course attendance

Course Credits

- Fifty Dapaanz continuing professional development points. Twenty NZQA credits (Note: there are no cross-credit or credit transfer options for this course).

Training Enquiries: Please contact Keryn Lovie-Tyler office@acts.co.nz